



**Improving Lives
Plymouth**

Supporting people since 1907

Active for All
Better Futures
Caring for Carers
Information and Advice
Long-Term Conditions Self-Management
Sensory Solutions
Veterans Care Navigation
Volunteer Connections

Resource Centre

A comprehensively stocked Resource Centre showcasing the assistive technology available to those living with sight and/or hearing loss. We offer:

- **confidential and impartial help and advice on sensory loss issues - tailored to individual need**
- **equipment demonstrations by knowledgeable staff and volunteers some of whom use this technology as a result of their own sensory impairment**
- **FREE 7-day (no deposit) home trials of most equipment**
- **information technology coaching and training (Kindle and E readers, iPad and tablet computers, Skype and/or Face time, Internet and email)**
- **support for people using hearing aids (cleaning, re-tubing and battery replacement for Derriford supplied hearing aids and those provided by private providers in the city under contract to the NHS)**
- **sensory awareness training**

Improving Lives Plymouth - 156 Mannamead Road, Plymouth, PL3 5QL

Tel: 01752 201900 Email: ilp@improvinglivesplymouth.org.uk

Website: www.improvinglivesplymouth.org.uk



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- **Braille tuition and Skills for Seeing training**
- **a programme of workshops and events**
- **information on local support groups and national charities**
- **advice for professionals supporting those with sensory loss.**

Please see overleaf for our contact details.

We are open Monday to Friday 9am to 12.30pm – 1.30pm to 5pm and operate as both a ‘drop in’ an appointment-based service.

For more information, please contact: Sensory Solutions, 156 Mannamead Road, Plymouth, Devon PL3 5QL

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Email: sensorysolutions@improvinglivesplymouth.org.uk